

The Journal of Psychological Studies

Science, Philosophy and Religion

3rd Spiritist Month

In celebration of 153 years since *The Spirits' Book* launch and the 6th year of the The Spiritist Psychological Society's foundation, the **3rd Spiritist Month** will be held, in **April 2010**, which will have as a central theme **ALONG THE PATHS OF LOVE.**

The proposal has as an objective to present the spiritist thought, aiming to awaken awareness for a qualitative living.

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Continuation

of their personal purpose. Reincarnation is the natural evolution mechanism, which puts the spirits in contact with the material dimension, where he learns the laws of God, accessible by this route. Mediumship is the means by which one is able to communicate with spirits of different dimensions, aiming the exchange of information and the update of feelings, for the encounter and integration of love.

Mediumship is the matrix of all human psychic abilities, a natural property of every human being, integrated throughout the Spiritual Principle evolution.

The Spiritism has based itself in the Christian doctrine, taking it as a basis for its moral philosophy but giving it, however, interpretations based on the immortality of the spirit and in the future life. It was in the teachings of Jesus that Allan Kardec and the spirits who built the Spiritist doctrine edified the Spiritist Religion, which serves as a field of manifestation of its follower's religiosity. The religious character of Spiritism has outstand itself in face of the demands for consolation from those who seek it and that which is offered as spiritual transcendence. The spiritist thesis are being incorporated gradually by all people, being an integral part of the Societies; as well as its interpretation of the Gospel of Jesus being assimilated naturally in the day-to-day. **Spiritism is growing in the world, educating people to the recognition that they are immortal spirits and that personal happiness is attainable when working in favour of the collective good and inner peace.**

Adenáuer Novaes is a Clinical Psychologist, living in Brazil. He is one of the directors of the Foundation "Lar Harmonia" in Salvador - Brazil.

The Spiritism



Adenáuer Novaes

What characterises the Spiritism? Certainly it is not only its practice carried out by millions of adepts around the world. More than this, its doctrine, based on the laws of Nature, as written by Allan Kardec in *The Gospel According to Spiritism* item 10 of the 1st Chapter, presents the soul's immortality as its main corollary, guide of the other basic principles. **It is exactly the idea of the immortal spirit that makes the understanding of spiritual evolution via reincarnation possible.** Psychologically, the self, in our consciousness, is sure of its continuity after death, the reason why it remains integral and hopeful. Confidence in the future, in a spiritual self-awareness continuity, comes from the inner certainty of the

spirit's immortality inherent to every human being. **In addition to the spirit's immortality, the basic principles of Spiritism are: the existence of God, evolution via reincarnation, mediumship as a means of communication between the spirits from different dimensions and the Christian morality, amongst others.** For Spiritism, God is the First Cause of all that exists, differing from the medieval idea of those who felt sinful of a punitive and persecuting God. In the Spiritism, God is love and generosity with the human beings. Evolution is treated as the major path, the heroic journey that everyone must accomplish, aiming perfection or the encounter with themselves, for the fulfilment

SPIRITISM: 153 Years Enlightening Humanity

Wagner Gomes da Paixão

During his recent stay in London, collaborating with the Spiritism dissemination work, on a reply to the invitation of this Society, **Wagner Gomes da Paixão granted the following interview:**



Benefactors as "chemosynthesis". In the Plant kingdom, there is the IP expansion when it opens and starts the expansionist journey "inside out"; we have here according to the supervisors of the Higher Life, the work of "sensation" with photosynthesis, as an advan-

4. What are the implications of the Spiritist thought in the contemporary society?

The genuine spiritist thought, as outlined in the published works of Allan Kardec and also, in a especial form, in the automatic writing works by Chico Xavier, has repercussions in the contemporary society as a "voice of the consciousness," the true cry of Truth, to rescue the goodness from the falsity, wisdom from mysticism, the fraternity from the passions and real progress from materialistic fantasies.

5. The Planet Earth is in transition to a planet of regeneration. How does it take place?

Reaping derived from the sowing of many centuries and even millennia is abundant. Human beings suffer the "greenhouse effect" not only in the material Globe, but especially in the spiritual and moral aspect. The inner pains are intensified, worsened, the dramas multiply themselves and, then, we understand Jesus' symbolic language in the Wedding Feast Parable, when saying: "*Bind him by hand and foot and throw him outside into the darkness, because there will be weeping and gnashing of teeth*". We are all collectively reaping what we sowed and we are OBLIGATED to feel in the skin what we have indiscriminately done in time against others and obviously against ourselves. The resurgence of suffering is an obvious sign of change, of transformation. Then, in the night's darkest hour, we have the "climax" of the day that ends and we then start to see the first rays of dawn, another day, coming up slowly and with full power. It is the suffering, tiredness and exhaustion predisposing us to a new attitude, new quests, to the inner ripening!

6. Can we achieve everything we long for simply by the fact of wanting and needing?

We use to say that, those who don't have an Ideal have no direction. And those who have no direction remain at the mercy of the physical life currents. Every achievement, even in the physical world, depends on effort and discipline. One does not attain the Kingdom of God without work that justifies this inner conquest. Desire is impulse from the field of our sensations, but those who study the Divine Truth and discipline themselves to achieve their moral and spiritual goals use the WILL. Only the Will is the sufficient moral force to change a creature's settings of pain and misery. Emmanuel teaches us that in the book *Thought and Life*.

1. What aims the Reincarnation Theory?

Reincarnation is a universal law that proves God's perfect justice, essential attribute to the Creator, because, through successive existences it allows that each one is given according to their own actions. The objective of successive incarnations according to the Law of Cause and Effect, is the beings inner improvement, who will reach spiritual positions of greatness when they fixate, through the experiences they go through in each opportunity of reincarnation, the cosmic life principles. The full enlightened conscience and supreme mastery of our spirit's potentialities are obtained through successive experiences, as occurs with the human individual who attends school from childhood until he achieves the most outstanding cultural positions and social achievement in the world's universities, then an adult.

2. How does the Intelligent Principle (IP) evolutionary process take place in the nature's various kingdoms?

As revealed by the Spirits as well as by scientific observations, the Intelligent Principle is driven by more evolved Beings who act in the Universe on the Creator's behalf. In the Mineral Kingdom, via the molecular attraction process between the elements, the IP is worked by natural forces "outside-in" within a framework that is defined by the Spiritual

manifestation of the IP. In the Animal Kingdom, IP is found to be working the instinct, which is intelligence's base; the Infinite's guides define in there the "biosynthesis" process, so important to allow the emergence of the humanoid structures. It is noteworthy to highlight that in every growth process of the Intelligent Principle's forces automatization in the realms prior to man, have the objective of formalizing the foundations of the so called PERISPIRIT, which presents itself in the primitive man of previous ages in our history on Earth, in order to allow the flow of thought and all the mental structures of the Being, which will qualify in time and by the circumstances through successive reincarnations. This is a simple summary of the evolutionary journey from the Intelligent Principle to Man.

3. Why is Spiritism a proposal of the spirit education?

Because Spiritism, in the garb of the Comforter promised by Jesus, is a marvellous synthesis of the human culture of all time, crowned by the Divine Truth that Christ of God lived in plenitude among us. With the Doctrine of the Spirits, the earthly orb reaches its moral maturity and advances to the Regeneration, when the souls will no longer spend time and energy with superstitions and prejudices, ignorance and brutality, but with its conscious projection to God through Love.

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SPIRITISM: 153 Years Illuminating Consciousness

7. How should we understand the diseases?

We must understand diseases as our moral weaknesses' manifestation in the soul's field that has trodden other paths in past incarnations. They are the "overflow" of our internal toxins, of past commitments or of disturbances that we cause to ourselves in this reincarnation, through evil thoughts; mean, violent and passionate feelings. The disease manifested in the body is a clear signal of cleaning, of treatment of the Spirit, because it reveals to us how much we need to take care, renew, and change moral standards and behaviour patterns in ourselves. The ones who get cured are those who do not return "to sin", that is, they will not go on practicing what the conscience points out to be an evil, accepting the test of trust in the good and at its service, with the lively support of prayer, and of course of the compatible medical actions.

8. Do you believe that pain is necessary so that we will educate our feelings?

Pain is always the result of our moral desertions. There is no pain, in the sense of suffering, of atonement, when there is sweetness in the being, when there is obedience to the values of life, of the conscience itself (we say conscience and not personalist desires). A creature who pays attention to the path, who seeks "to listen to" one's own conscience and who makes use of the genuine spiritual revelations to awaken the "new man" in oneself, carries on in peace, drawing oneself to the good, and overcoming every phase of one's essential formation to the Infinite Universe. Then the pain that always arises when there is no coherence between knowing and doing is a blessing of awakening and correction of direction - a pure expression of the Father's Mercy!

9. Love is par excellence a feeling, but it is still misunderstood by many. How do we differentiate love from passion?

Passion is the rudiment, love is the accomplishment. We could say, in an analogy, that coal (carbon) is the passion; in time, suffering the effects of natural forces, of the renewing "chemical processes", it becomes a diamond which is able to portray the light in sublime nuances.

10. What is the role of idealization in the field of human relations? Can love deceive itself from idealization? What are the consequences?

Imagination is one of the mind's departments that must be under the coordination of the lucid will. Through the excesses in this impressive and so fruitful field of the soul, we can "buy" by deceit and this can cost us disappointments and bitterness that lead us to obsession. In the human relations field, we are still very bound to personal whims, to needs, and it is of good advice to be VIGILANT. Here we also have the processes of desire and the desire, which is also a mental field department, which draws itself on the



imagination to pervade the whole being, predisposing it to someone or something. The more the creature studies one's self in the light of the revived Gospel, the more this creature fixates what is important and essential, saying goodbye to illusions and fantasies. This does not mean we should stop dreaming, but dream for dream is not fulfilment. We need to guard ourselves from so much unnecessary energy expenditure. To love is an imperative and no one lives without the others, but to love does not mean to enslave anyone, nor to force someone to do for us what we want. To love is to give with joy, with detachment and never to ask for retribution.

11. What are the treatments which the Doctrine brings us to rebalance our being?

The most effective treatments that the world has ever known are those of moral transformation through consciousness. When an afflicted and maladjusted creature enters a Spiritual Centre or begins to read serious Spiritism works, starts to receive light in his inner self and according to his own disposition for the assimilation of the Cosmic Truth; he can cure himself from the moral ills and torments which he brings,

usually, due to ignorance or perversion. All the therapies existent in the world are contributions to the realignment of people, but the real healing power is in the Gospel of Jesus, that Spiritism reedits for the Earth in spirit and truth, because the Christ's Message is complete life in God's love.

12. The human being during his existence searches for happiness. Is there a difference between happiness and joy?

Joy is a feeling of satisfaction that is

born from good tuning-in or from good achievements. There are varying degrees of joy; from the peripheral, which is just euphoria (will-o'-the-wisp), usually for material gains, transitional, to jubilation which is entirely moral and therefore, enduring. Happiness, however, is a state of complete integration with the Universe. Happiness can only be achieved when love exists and when this love is universal. In the Spiritist Doctrine, the practice of love is called Charity by the Spiritual Benefactors because Charity is the love feeling that becomes universal for all and for everything, reflecting God. The pure Spirits are happy, because they love all beings, all things and seek to serve. Full happiness only exists from the beings complete purification, but it is an everyday achievement.

Wagner Gomes da Paixão is a médium and lecturer, living in Brasil. He is the founder of the Grupo Espírita da Benção in Mário Campos - MG, Brazil.



III SPIRITIST MONTH - APRIL 2010

Main Theme:

ALONG THE PATHS OF LOVE

Programme:

Date: 04.04.10 - Starts: 05.00pm

Seminar:

Theme:

The Spirit and Its Choices

Lecturer: Ana Cecília Rosa (Brazil)

Date: 11.04.10 - Starts: 05.00pm

CONFERENCE

Theme:

FAMILY: Learning Process of Love

Speaker: Maria Isabel C.P.Saraiva (Portugal)

Date: 18.04.10 - Starts: 05.00pm

CONFERENCE

Theme:

Spiritism in the Dissemination of Love

Speaker: Emanuel Cristiano (Brazil)

Date: 23.04.10 - Starts: 06.45pm

SEMINAR

Theme:

Happiness Without Guilt

Facilitator: Adenauer Novaes (Brazil)

Date: 25.04.10 - Starts: 05.00pm

SEMINAR

Theme:

Self-Love During the Spirit's Evolution

Facilitator: Adenauer Novaes (Brazil)

OTHER EVENTS

with

Emanuel Cristiano

Brazil

Date: 18.04.10

Time: 01.30pm

MINI-SEMINAR:

END TIMES UNDER THE VIEWPOINT OF SPIRITISM

VENUE: 269, Caledonian Road - N1 1EE

SIR WILLIAM CROOKES SPIRITIST SOCIETY

Information: 07878 760 609

with

Adenauer Novaes

Brazil

Date: 24.04.10

Time: 04.00pm

SEMINAR:

SPIRITISM, PSYCHOLOGY and QUANTIC UNIVERSE

VENUE: The Wharf Rooms, Imperial Road, SW6

THE FRATERNITY SPIRITIST GROUP

Information: 0207 702 8253

Date: 25.04.10

Time: 11.00am

SEMINAR:

SPIRITUAL OBSESSIONS and its PSYCHOLOGICAL CORRELATIONS

VENUE: 269, Caledonian Road - N1 1EE

SIR WILLIAM CROOKES SPIRITIST SOCIETY

Information: 07878 760 609

Venue:

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