

# The Journal of Psychological Studies

Science, Philosophy and Religion

## The Mental Connections Serving the Evolution of the Spirit

Memories are distributed throughout the brain and if a part of them is lost due to an injury, others will remain, making them somewhat, indestructible. Thus, memories are reduced but not com-

pletely destroyed. mental stimulus, like a conditioned act.

Emmanuel, in *Pensamento e Vida*, refers to the psychological inheritance as follows: "the stem cells reproduce the clichés of con-

sciousness at the time of conception and formation of a new body". Teaches that kindred spirits are congregated in the same activities and inclinations, therefore, we find ourselves through similarity, not only in the family but also in other relationships.

**Ercilia Zilli**

*Clinical Psychologist*



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The memory network spreads itself throughout the brain as the existing neurons connect, firing together, triggered by a stimulus.

Considering that the integral memory resides in the perispirit and that the brain memory is located in the physical body, there is a large reduction of content from one to another.

The brain and the nervous system are composed of several nervous cells, the neurons. Just as the electric wires of a home, nerve cells are connected in circuits called neural pathways, triggered from a

predominant contents for an existence are shaped in the moment of conception and should be worked through during the reincarnation, besides those that are constructed during the reincarnation. The thought, electromagnetic force with frequency and resonance that are content-specific, allows the mental connections.

Also according to Emmanuel "... the soul gets in tune with the mental streams in which the souls of a close resemblance breathe..."

Through psycho education, healthy reading, prayer, constructive talks, the being builds new

ways of thinking, new mental connections and new neural pathways consolidating the spiritual evolution, the goal of all of us.

"The perception of the unknown is the most fascinating of experiences". "We are beginning to conceive the relationship between science and religion in a way totally different from the classical conception. I strongly say that the cosmic religion is the most powerful and generous mover of scientific research."

**Albert Einstein**

"Spiritism is a transcendent science, a heavenly philosophy, the religion of moral and love that leads us to God."

**Pelos Caminhos Da Mediunidade Serena, Yvonne A. Pereira**

"In order to apply new methods new beings are needed. For tomorrow's free science, free spirits are required". "For the new Science, beings that have a deep knowledge of the superior laws of the Universe, the principle of immortal life and the great law of evolution, which is a law of Love, are required".

**O Grande Enigma, Léon Denis**



### Spiritual Manifestations in Childhood

There are numerous reports of children who speak of meeting and playing with their "invisible friends" whose parents, for the most part, are concerned and even in agony,

several times, mistreated by his stepmother, and countless other mediums punished by their parents not to even mention "those things". That did not stop the fascinating



### Extrasensory Faculty

History records the actions of those who dared to transgress existing systems, whether it was of a political, religious or academic nature. Carl Gustav Jung was one of those divine transgressors; for him, life was not restricted to the period from the cradle to the grave, "the human, rational being, was endowed with extrasensory faculties that allowed one to exceed the ordinary limits of space and time, uncovering the distant past and having premonitions of the future". (Bulletin SEI, No. 1963/2005).

The extrasensory faculties were present in the Greek and Babylonian oracles

because they think this may be a sign of their children's mental imbalance. Despite the assessment of children's mental health being natural and even healthy, to some extent, the ignorance about mediumship generates an observation of the natural spiritual manifestations, beginning from childhood, as pathological.

In the Spiritist Magazine of 1865, we found an enlightening text of "A Protecting Spirit", through the mediumship of Gabriel Dellane, that warn us "*childhood itself is a long series of mediumship effects*" and that "*the smile of the angels*" is often a sign of the company of spirits that surround and guide the child, and that are perceived naturally. The great problem is that parents, educators and society in general, are not prepared to deal with it in a healthy way, losing excellent opportunities to help forming a well structured personality.

When the manifestations occur ostensibly, the unpreparedness of the parents and educators is evident. As a child, Chico Xavier was,

experiences, although at the expense of pain and sacrifice. They silenced and through a lot of discipline and moral effort, they were educated in many aspects by the spiritists themselves, in order to cope with the intense mediumship and not to fall in the path of psychological disorders.

Others however, did not have the same destiny and many now inhabit mental asylums for not having had the proper treatment from the offset. As spiritists, we have as task, explaining mediumship experiences, evangelizing and elucidating parents and children about the natural faculties of the soul, yet unknown and unexplored by most people.

**Iris Sinoti**

**Jungian Therapist**



(the most famous of all was the oracle of Apollo, in Delphi), in the Jewish world with the college of mediums chaired by Moses, and before, in Egypt, where the leader of the Hebrew nation learned, with the wise and initiated of his time, to prophesy, and other extrasensory modalities which were combined to his effective mediumship. More recently, Emmanuel Swedenborg, Swedish clairvoyant, was investigated and studied by the eminent philosopher Immanuel Kant, impressed by the accuracy of the information about a fire seen by him at a distance, in a nearby town.

Although the traditional philosophy, nowadays, has little interest in the paranormal, it is reserved for Science, to prove what Spiritism has judiciously studied, through Allan Kardec and supported by facts, the greatest discovery of all times: the human Spirit survives death. Such evidence certainly entails serious consequences to the nihilistic materialism.

**Sonia Theodoro da Silva**

**Columnist**

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### Spiritual Exchange

What is spiritual exchange and how does it work?

The philosopher Léon Denis believes that "the science of the invisible will always exceed human methods".

Analysing the human being beyond the conventional view of psychology, we are faced with a three-dimensional being, constituted of three elements: a pulsating and intelligent energy, the Spirit; a semi-material involucre, the perispirit or biological organizer model; and the matter, in other words, the physical body. The perispirit is the subtle involucre of the soul, which allows its interaction with the spiritual and physical means.

The spiritual exchange occurs of the communication between incarnate and discarnate beings, which happens through the universal cosmic fluid, which serves as a vehicle of transmission of the thought, means of communication between conscious or unconscious beings.

How is this reality processed? Léon Denis, in *No Invisível*, clarifies that "just as the light and sounds, feelings and thoughts are expressed by vibrations that propagate through space at different intensities. The vibrations of thinking brains, from humans or from Spiritis, cross and intersect each other to infinity, without ever getting mixed up."

Everywhere, prevail the law of affinity and harmony, they account for the universal order and balance, transferred to the moral aspect, they promote the events, linking the creatures to one another, so that the exchange is automatic and natural.

In this web of Life, we learn from Shakespeare that "in nature's infinite book of secrecy, a little I can read."

**Evanise M Zwirtes**

**Psychotherapist**



### Mediumship and Everyday Life: Opportunities and Rewards

*"Oh come now (you will say) hear stars! It's clear, you've lost your mind! I will tell you anyway, I often wake to hear what they will say, And I push my windows open, pale with bewilderment. And we converse throughout the night, while high The Milky Way, like outspread robes, appears To shine. At dawn, with longing and in tears, I seek them still throughout the empty sky. And next you'll say: My poor, demented friend! What do you say to them? What do they say when they are with you? ..."*

Like "Hearing stars", in the immortal poem of Olavo Bilac, the mediumship faculty is still regarded by many as delusion and insanity, though proven by serious scholars and researchers of the human psyche over time, such as Sir William Crookes, Alfred Russel Wallace and William James, among others.

As a communication tool with the spirit's realm, mediumship participates in all the phenomena of human life. The boundaries of the spiritual realm are tenuous (if we can delimit them), which continuously interact with the physical plane. But, if on one hand it provides the exchange with the spiritual reality and its "stars" on the other, it requires special care and proper preparation, since with the heightened sensitivity, the ego must be well structured not to feed the crises and conflicts that inhabit the psychic world.

The knowledge and study of the Spiritist Codification, specially *The Medium's Book*, a healthy and balanced life and especially, the con-



stant exercise of inner renewal extend the possibilities of experiencing mediumship with naturalness and harmony, and to extract from the exchange that emanates from it valuable rewards, on an individual and collective level: the beautiful pages of spirituality, rich life stories, insights and even cures are some of them.

And if we want a sentiment to go along with the path of mediumship development - recipe also for life - the noble poet concludes: "I will tell you: "You must love to comprehend them! For only those who love have ears which may Perceive and grasp the stars."

**Cláudio Sinoti**

**Jungian Therapist**

## Personal Designation and Mediumship

Personal Designation is the discovery of the reason for existence, the reason you are in the world, what you are, what you need to learn, and what to do for your own evolution. It is the encounter with your own nature, not outsourcing life, being consequent and taking responsibility for your thoughts, actions and feelings. This is not about finding a mission in the world, but the acquisition of the consciousness of what one is and what one wants to be, having as a base the consciousness of one's own immortality. Personal Designation is paradoxically,

to learn to leave the world and stay in it, to continue to self-improve and self-transform. It is to find the flame of life and never let it go, becoming master of yourself, the owner of your own life, self-determined and con-



scious that your future belongs to you. It is venturing into living in an authentic and correct way according to one's inner principles and ethics. It is to become a master of one's own destiny and builder of a personality more suited to grow spiritually. It is achieving a personality consequent with one's own acts, whose consciousness is in perfect harmony with the purposes of personal and collective realization. People must discover their Personal Designation knowing that it is not equal to anyone else. There are no absolute rules in order for it to be achieved. Make it your own way, your manner and assume the consequences. Personal Designation is what you have to build within, so that the world can have a meaning to you and to all who are part of it. Personal Designation is the very being that is in the world. It is not to do now to make life better in the hereafter. Finding the mission that was planned from a reincarnation program is part of it, however it is more than that. The exercise of mediumship, when it is part of a person's life, should be inserted in one's Personal Designation as a natural thing, without obligation or enforcement. It must be a healthy choice and accepted with conscious joy. Being medium is inherent in the human condition; exercise mediumship in favour of life is a personal choice.

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